



#### **Orlando Runners Club Exchange Program Runner**

**Name:** H. Ashley Francis (Ashley)

**DOB:** April 28, 1978 (age 37)

**Email:** Ashley.Francis2@gmail.com

**Traveling with:** Geanette Francis (wife)

**Personal Info (including family info):** my wife Geanette and I are expecting to have a baby boy in July. For now our only kids are two little chihuahuas.

**Running PR's and experience:** Half Marathon 1:54. I've been running for about 9 months and in that time run two half marathons and one full marathon.

**Job:** Sales - T-Mobile and Real estate at Keller Williams

**Hobbies / Any Interests:** traveling, hiking, running, and outdoor sports

**Goal / Comments about visiting Urayasu:** Run a PR and represent ORC

**Any Food allergies:** none

**Sightseeing requests:** visit Tokyo, temples, and get outside often in Japan.

#### **Orlando Runners Club Exchange Program Guest**

**Name:** Geanette Francis

**DOB:** May 4, 1979 (age 36)

**Email:** gnetfrancis@gmail.com

**Traveling with:** Harrison "Ashley" Francis II (husband)

**Personal Info (including family info):** I am married to Ashley Francis and we are expecting our first bay in July 2016. I was a guest in Urayasu in 2012. I am very happy to return!

**Running PR's and experience:** Half Marathon 1:58

**Job:** Office Manager

**Hobbies / Any Interests:** Running, hiking, and traveling.

**Goal / Comments about visiting Urayasu:** I loved my trip to Urayasu in 2012. I look forward to making more friends and more great memories.

**Any Food allergies:** No, but I do not eat PORK. I eat very little beef.

**Sightseeing requests:** Owl café in Akihabara, visit temples in Tokyo (including the big Buddha); visit fish market, eat at a ramen restaurant, eat sushi, do a short hike maybe at a garden. We would like to spend time in Tokyo. We are not interested in visiting Disney this year.



**Orlando Runners Club Exchange Program Runner**

**Name:** Elisabeth Sosa (Lisa)

**DOB:** May 19, 1984 (age 31)

**Email:** elisabeth.c.sosa@gmail.com

**Traveling with:** Fernando Sosa (husband)

**Personal Info (including family info):** Emergency contact Teresa Russell (sister) teresa.m.russell@gmail.com

**Running PR's and experience:** Half Marathon 1:56:52. 5K 24:51. I have ran 13 half marathons. I started running about 3 years ago. I have also ran 3 full marathons.

**Job:** Nurse Practitioner in Oncology

**Hobbies / Any Interests:** My hobbies include running, traveling, reading, and trying new foods. I also like wine and beer.

**Goal / Comments about visiting Urayasu:** I am very excited to meet everyone and make new friends in Japan. :)

**Any Food allergies:** none

**Sightseeing requests:** Owl café in Akihabara, visit temples in Tokyo (including the big Buddha); visit fish market, eat at a ramen restaurant, eat sushi, do a short hike maybe at a garden.

**Orlando Runners Club Exchange Program Guest**

**Name:** Fernando Sosa

**DOB:** March 5, 1983 (age 32)

**Email:** Fernando.z.sosa@gmail.com

**Traveling with:** Lisa Sosa (wife)

**Personal Info (including family info):** my name is Fernando Sosa and I'm 32 years old.. I'm the oldest of three. My brother Erick Sosa is an American sushi chef (407) 271-1895 brother Carlos Sosa is an air flight director (727) 364-6354

**Running PR's and experience:** I mostly spectate and cheer when my wife runs. She is the one that likes to run. I'm kind of a beginner and my PR was 5K in 30 minutes

**Job:** 3D printing and 3D modeling

**Hobbies / Any Interests:** I like to eat interesting things and new things, I like to travel and meet new cultures, I like to drink and meet new friends.

**Goal / Comments about visiting Urayasu:** I want to meet new friends and see Tokyo, eat sushi, drink sake and Japanese whiskey and teach Japanese how to do beer bongs

**Any Food allergies:** none

**Sightseeing requests:** Tokyo, fish market, eat live octopus, basashi, shirako , fugu sushi, shirako and ramen



### **Orlando Runners Club Exchange Program Runner**

**Name:** Winston A. Taitt

**DOB:** October 13, 1978 (age 37)

**Email:** winstontaitt@gmail.com

**Traveling with:** Sarah R. Taitt (wife)

**Personal Info (including family info):** Born in NYC, 4 brothers 1 sister, High School in Massachusetts, College and Law School in Florida, first home purchase in downtown Orlando, happily married for 6+ years

**Running PR's and experience:** Enjoy running for health, fun and friends. 5K 22:25, 10K 57:16, Half Marathon 2:21

**Job:** Attorney (Represent businesses in insurance disputes)

**Hobbies / Any Interests:** Gardening, sustainability, community living, travelling, learning, adventure/expedition, thinking, spending time with family and friends.

**Goal / Comments about visiting Urayasu:** To do my best in half marathon. To be a respectful and gracious guest. To be part sister city relationship and sister club relationship. To continue to learn more about and respect Japanese culture and tradition. To strengthen current relationships with URC members and to make new relationships with URC members. To have fun.

**Any Food allergies:** none

**Sightseeing requests:** Temples, history, owl cafe, Kamakura, Tokyo, Ramen, sushi, anything that is uniquely Japanese.

### **Orlando Runners Club Exchange Program Guest**

**Name:** Sarah Taitt

**DOB:** October 31, 1980 (Year of the Monkey, age 35)

**Email:** srtaitt@gmail.com

**Traveling with:** Winston Taitt (husband)

**Personal Info (including family info):** Lifelong Floridian, proud resident of Orlando, happily married for 6+ years

**Running PR's and experience:** 5K 23:35; 10K 52:58 Ran cross country in high school and now enjoy local and destination races

**Job:** Local government attorney, full time

**Hobbies / Any Interests:** Gardening, travel, backpacking, camping, kayaking, reading

**Goal / Comments about visiting Urayasu:** Looking forward to seeing all of my friends in Urayasu and making many wonderful new memories. Hoping to set a new 10K PR

**Any Food allergies:** none

**Sightseeing requests:** Temples, history, owl cafe, kamakura



**Orlando Runners Club Exchange Program Guest**

**Name:** Bob Butterfield

**DOB:** March 22, 1964 (age 51)

**Email:** rgbutterfield@aol.com

**Traveling with:** solo

**Personal Info (including family info):** Born in East St. Louis, Illinois, Grew up in Collinsville, Illinois. Went to Florida Institute of Technology (Florida Tech) to earn Bachelors and Masters Degrees in Civil Engineering. Lived in Orlando since 1988. Wife Susan, Daughter Sally (25), Sons Paul (24) and Max (22)

**Running PR's and experience:** I began running in 1980 while I was in high school. I ran on the cross-country team at Florida Tech. I am not so fast anymore. I had a back injury in 2011 and developed asthma in 2015.

**Job:** Civil Engineer

**Hobbies / Any Interests:** Photography; sing in church choir; certified track coach; my work specialty is water drainage design.

**Goal / Comments about visiting Urayasu:** This will be my 3rd visit to Urayasu. My previous visits were in 2009 and 2011. My wife and I have hosted home stays for Yama-chan and Happy in 2009, and Hiroshi and Kayoko Maru in 2010.

**Any Food allergies:** none

**Sightseeing requests:** Tokyo Skytree, Rikugien Garden, Todoroki Valley, Shibuya, Harajuku/Takeshite Dori, Shinjuku, Akiba Culture Zone, Cospa Gee! Store, Mandarake Store and 7th floor of the Yodobashi Camera superstore in Akihabara, Tokyo Disneyland (too much to choose from!); Feb 9 - 11 (Solo or if anyone from URC wants to go): Nagano/Shibu Onsen/Snow Monkey Park/maybe Matsumoto